



FIDELIS LEADERSHIP INSTITUTE



YOUNG LEADERS CONCLAVE REPORT

29th – 30th August 2024

Time to Play Ntinda



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Executive Summary

The Young Leaders Conclave held on 29th – 30th August 2024 was an event organized by the Fidelis Leadership Institute to empower children aged 7 to 17 with leadership, life skills, and values-driven education. The conclave was structured into two groups—Alpha (ages 7-12) and Beta (ages 13-17)—to tailor the experience to the developmental needs of the participants.

The two-day event fostered an environment where participants were able to build self-awareness, practice conflict resolution, learn financial literacy, and engage in dialogue about sensitive issues like sexuality and peer pressure. The sessions also emphasized the importance of the Fidelis core values of Faithfulness, Availability, and Teachability (FAT). Extensive media coverage by Smart24TV and Toto Magazine highlighted the significance of the event, increasing the visibility of the institute's mission to shape future leaders.

This report provides a detailed account of the event, the program outcomes, key achievements, and recommendations for the future. The overarching goal of the conclave was to develop ethical, well-rounded young leaders who are equipped to positively influence their communities and embody the values necessary for strong leadership.

Event Objectives

The primary aim of the Young Leaders Conclave was to address the leadership gap among children and teenagers by equipping them with essential life skills, leadership principles, and core values. The event focused on a holistic approach to personal development.

The core objectives were:

Leadership Empowerment:

Instill leadership skills such as self-awareness, responsibility, teamwork, and effective decision-making.

Safe Space for Dialogue:

Provide an open environment for discussing sensitive topics such as ethics, sexuality, and responsible behavior.

Values-Based Learning:

Teach participants the importance of the FAT values (Faithfulness, Availability, Teachability) in their leadership journey.

Holistic Development:

Encourage personal wellness, emotional intelligence, and self-care practices to create balanced, effective leaders.

Financial Literacy:

Introduce basic financial concepts like budgeting and saving to prepare participants for future financial responsibilities.

Identity and Unity Building:

Foster a collective identity through group activities, creating a sense of belonging within the FAT Kids movement.

Conflict Management:

Equip children with tools for empathy, effective communication, and conflict resolution to foster understanding and peace.



Program Highlights

The conclave was designed to provide both theoretical knowledge and practical experience. The two-day program offered a balanced mix of interactive discussions, workshops, and leadership exercises.

Day 1 Overview

The two-day Young Leaders Conclave was structured around interactive learning, practical workshops, and leadership exercises, with the primary goal of nurturing leadership qualities in children. The activities were carefully designed to match the developmental stages of the participants, divided into the Alpha (7-12 years) and Beta (13-17 years) groups.

Key Activities:

Introduction to Leadership:

The day began with an engaging introduction to the concept of leadership, where facilitators explained the core values of the Fidelis Leadership Institute (Faithfulness, Availability, and Teachability). This session was designed to help the children understand the importance of leadership at a young age, with a focus on how they could influence their peers and communities in a positive way. The facilitators introduced real-world examples of youth leaders, helping the children relate to leadership in their everyday lives.

Self-Awareness and Responsibility Workshop:

During this session, children were guided through activities that encouraged self-reflection. They learned about the significance of being aware of their strengths and weaknesses and how this self-awareness is critical for personal growth and leadership. Through storytelling and interactive exercises, the children were encouraged to think about their responsibilities at home, school, and in their communities, and how leadership begins with taking ownership of one's actions. Facilitators also emphasized the importance of accountability, explaining that a good leader takes responsibility for their actions and learns from their mistakes.

Ethics and Decision-Making:

In this session, children participated in role-playing scenarios that introduced them to the concept of ethical decision-making. Through interactive storytelling, they were presented with various leadership dilemmas where they had to choose between right and wrong. The facilitators explained that leadership is not just about leading others but also about making the right decisions, even in difficult situations. The importance of fairness, honesty, and empathy was highlighted, with examples that helped the children understand the impact their decisions can have on others.

Team-Building Exercises:

The team-building activities were a crucial part of Day 1, designed to teach the participants about the value of collaboration, communication, and trust within a team. Children were divided into small groups and given challenges that required them to work together to solve problems. These exercises fostered a sense of unity and cooperation, reinforcing the idea that great leaders know how to work well with others and understand the importance of collective effort in achieving goals. The facilitators emphasized that leadership is not about doing everything alone, but about inspiring and guiding a team to success.

Introduction to FAT Values (Faithfulness, Availability, Teachability):

The core values of the Fidelis Leadership Institute—Faithfulness, Availability, and Teachability—were introduced to the children through relatable examples. Facilitators used stories of historical and modern-day leaders who embodied these values to make the concepts more accessible to the participants. Faithfulness was explained as staying true to one's commitments, Availability as being ready to serve and support others, and Teachability as the willingness to learn and grow. The children were encouraged to reflect on how they could apply these values in their daily lives, especially in school and among their peers.

Leadership in Action:

In this practical session, participants were given leadership roles in small group tasks where they had to organize and manage their peers to complete specific objectives. This hands-on exercise allowed the children to experience leadership firsthand, learning how to delegate tasks, communicate effectively, and motivate others. The facilitators provided real-time feedback, helping the participants understand the challenges and responsibilities of leadership, and how to overcome obstacles through teamwork and persistence.

Day 2 Overview

Key Activities:

Financial Literacy Workshop:

The day began with a workshop on financial literacy, where participants were introduced to basic financial concepts such as budgeting, saving, and spending wisely. Through interactive activities and role-playing, the Beta group learned the importance of managing money responsibly, an essential skill for both personal and leadership development. Facilitators emphasized how financial discipline is a critical trait for leaders, particularly in making informed decisions that impact the future. Participants engaged in simulated business scenarios where they had to make financial decisions, reinforcing the practical aspects of financial management.

Wellness and Self-Care:

Recognizing that leadership also involves taking care of oneself, this session focused on the importance of mental and emotional well-being. Participants were guided through mindfulness exercises and discussions on stress management, with an emphasis on maintaining balance in their lives. The facilitators introduced the concept of self-care as a vital aspect of being an effective leader. By understanding how to manage stress and emotional challenges, the participants were better equipped to handle the pressures of leadership. This session also covered healthy habits, such as proper nutrition, sleep, and exercise, that contribute to personal wellness and effectiveness as a leader.

Conflict Resolution Workshop:

Conflict management is an essential skill for any leader, and this session introduced participants to techniques for resolving conflicts peacefully. Through role-playing scenarios, participants were taught how to approach disagreements with empathy and understanding. The facilitators explained the importance of communication in resolving conflicts and how a leader's ability to listen, mediate, and find common ground can prevent situations from escalating. The participants learned that conflict, when handled well, can be an opportunity for growth and improved relationships.

FAT Kids Anthem Creation:

As a creative and collaborative exercise, participants were tasked with creating an anthem that reflected the core values of Faithfulness, Availability, and Teachability. This activity not only fostered unity among the participants but also gave them a sense of ownership over the values they had learned. The anthem creation process reinforced the importance of teamwork and collaboration, as participants had to work together to produce something meaningful that represented their collective identity as young leaders.

Sexuality Education Session:

One of the most critical sessions for the Beta group was the comprehensive sexuality education workshop. This session aimed to provide participants with age-appropriate information on topics such as puberty, personal hygiene, consent, relationships, and responsible decision-making. Facilitators created a safe and respectful space for open dialogue, allowing participants to ask questions and express their concerns. The session addressed key areas such as understanding the physical and emotional changes during adolescence, the importance of setting and respecting boundaries, and how to navigate peer pressure related to sexuality. The facilitators emphasized the role of self-respect and mutual respect in building healthy relationships, while also addressing the potential risks and responsibilities of engaging in sexual activity.

Key Event Achievements

The conclave met its objectives and provided the participants with a valuable learning experience.

Some of the key outcomes included:

Increased Confidence in Leadership:

Children demonstrated greater confidence in leading their peers, making ethical decisions, and practicing responsibility.

Improved Financial Literacy:

Participants, especially in the Beta group, acquired practical knowledge on managing finances, which will serve them in their future lives.

Values Integration:

Children embraced the FAT values and showed a clear understanding of how to apply them in their everyday lives.

Enhanced Conflict Resolution Skills:

The participants learned how to resolve conflicts peacefully, using empathy and communication techniques.

Stronger Sense of Unity:

The creation of the FAT Kids anthem helped solidify a collective identity among the participants, reinforcing the importance of teamwork and shared values.

Increased Media and Community Engagement:

Media coverage from Smart24TV and Toto Magazine significantly raised the visibility of the event, showcasing the importance of leadership training for children.



Challenges and Recommendations

Despite the overall success of the event, there were a few challenges that should be addressed in future programs:

Limited Participation:

Although the event was well-attended, more outreach could be done to attract a larger and more diverse group of participants.

Sponsorship Shortfall:

The lack of corporate sponsorship limited some of the

Conclusion

The Young Leaders Conclave was a transformative experience that successfully equipped participants with leadership skills, financial literacy, and personal development tools. By embedding the core values of Faithfulness, Availability, and Teachability, the event fostered the growth of ethical, responsible, and capable young leaders. While the event was successful, the lessons learned offer insights for future improvements, particularly in areas such as outreach, sponsorship, and media engagement.

Looking ahead, the Fidelis Leadership Institute is committed to expanding the program to reach more children, refining the content based on participant feedback, and continuing to build on the successes of the conclave. With the right support, this initiative has the potential to create a generation of well-rounded, ethically driven leaders who will have a lasting impact on their communities and beyond.

Appedix



Venue: Time to Play Ntinda

